



## Care & Love

**In order for lives to flourish and churches to be safe places for all**, including those who would be most adversely affected by infection or isolation, -

- the priest will wash hands thoroughly before the service and use gel before touching the bread - out of care and love for one another



- we share the Peace and say good-bye without shaking hands or touching - out of care and love for one another



- we receive communion standing, if possible, in order not to touch the communion rail with our hands - out of care and love for one another



- we receive the bread only (which gives us all the benefits of the sacrament even without the wine) - out of care and love for one another



- we stay at home if we have a cough and a temperature, even if we have promised to do a job - out of care and love for one another



- we will keep in touch with people and are planning to resource them practically and spiritually if they are self-isolating or sick - out of care and love for one another



- **we shall not let our lives be dominated by fear or panic but by care and love for one another.**

PERFECT  
**Love**  
CASTS OUT  
**fear**

***Gracious God, you call us to fullness of life:  
deliver us from fear and banish our anxieties  
with the liberating love of Jesus Christ our Lord. Amen.***



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